

Traumatic Incident Reduction



Healing emotional scars, setting you free ...
Rev Louis Hough: Pastoral and Trauma Counsellor
Registered with TIRA and CCSA

4 DAY WORKSHOPS ON ZOOM:

2022: **21-24 FEB** **16-19 MAY**
 18-21 JULY **17-20 OCT**
 9-12 DEC (WEEKEND)

CPD's: *SACSSP 19,* *CPSC 10,* *ASCHP 18,*
 VBO for DRC Pastors 30, *AFM 28 PCD's*

ALL OTHER TYPES OF COUNSELLORS ALSO WELCOME

ORGANISATIONS AND GROUPS OF 8 OR MORE CAN ARRANGE TO HAVE THEIR OWN WORKSHOP PRESENTED IN PERSON OR ON ZOOM AND AT A DISCOUNT.

Here is the opportunity you have been waiting for – to learn effective counselling techniques that will make your counselling much easier and effective! Although initially developed for trauma counselling, you can use it in many other counselling situations to free clients from the negative influence of bad experiences that continue to influence them.

Traumatic Incident Reduction (TIR) is a very effective method to lessen the impact of trauma and help the traumatised individual to function at a more normal level. TIR is recognised by the NREPP of the USA as an evidence based method of treating the negative symptoms of trauma. The counsellor helps the traumatised person to work through the particular incident to a point of resolution. TIR gives relative (compared to other methods) quick and permanent results, often in just one session. The technique can also be applied to a wide array of other problem areas, e.g. phobias, anxiety attacks, life difficulties, etc. 3 follow-up workshops and intership that leads to higher recognition is also available.

The technique can be mastered in a four day workshop to such an extend that the learner can then use it effectively immediately after the workshop. After successfull completion of the workshop the learner can join TIRA and be listed on the Traumatic Incident Reduction Association website.

The workshop is presented by Rev Louis Hough. He uses TIR since 2008 with excellent results and is internationally accredited by TIRA as a TIR & LSR Facilitator and Senior Trainer (one of only two Senior Trainers in SA). Workshop cost R5,000 and include a workbook and 3 months supervision. Discount of R300 if paid in full more than 14 days before workshop. Installments can be arranged. See more about TIR at www.tira.org or about Louis at www.traumahelpsa.weebly.com
For more information or to register contact Louis Hough at 082 772 5559 or houghlouis@gmail.com